

## **Sarah O. Rush, M.A.**

---

### **SUMMARY**

- Masters degree in counseling psychology.
- Clinical case management experience with “at-risk” youth and their families.
- Vast experience providing counseling and crisis intervention services to diverse populations.
- Extensive skills in clinical evaluations and telephone intakes.
- Ability to effectively assess clients’ needs for clinical and social rehabilitation services.
- Great familiarity with community resources and referral services.

---

### **PROFESSIONAL EXPERIENCE**

#### **Social Work – Quest for Success Youth Foundation**

- Completed intakes and admission assessments for incoming residents.
- Developed case plans utilizing strength-based, solution-focused approach.
- Assisted foster youth in developing transitioning, employment, and housing goals.
- Facilitated groups, addressing various topics, including anger, social skills, and self-esteem.

#### **Clinical Counseling / Case Management / Crises Intervention – Eden Counseling Services**

- Provided case management and mental health counseling for a culturally diverse group of “at-risk” youth and their families.
- Screened and completed telephone intakes to assess appropriateness to agency and/or make referrals as necessary.
- Reporting responsibilities included: Providing individual diagnostic summaries; maintaining records of therapeutic goals, activities and client progress; delivering weekly verbal reports to clinical supervisor; and preparing monthly statistical reports.

#### **Administrator – Crises Receiving Home – Malabar House**

- Managed day-to-day operations of 24/7 youth crises receiving home, including,
  - Supervised and trained youth counselors/facility managers.
  - Developed and implemented plan for training staff.
  - Interviewed, hired, and conducted performance evaluations.
  - Developed policies and procedures involving personnel and operations.

#### **Consultant / Public Relations Representative – Eden Counseling Services**

- Consulted with counseling staff on strategies to identify and best serve clients’ needs.
- Maintained and developed relationships with community based organizations.

### **EMPLOYMENT HISTORY**

04/2008 – 11/2008	Social Worker	Quest for Success Youth Foundation, Berkeley, CA
09/2007 – 03/2008	Interim Group Home Administrator	Malabar House, Castro Valley, CA
09/2006 – 09/2007	Consultant / PR Representative	Eden Counseling Services, Castro Valley, CA
12/2002 – 09/2006	Case Manager/Counselor	Eden Counseling Services, Castro Valley, CA

### **COURSES, CERTIFICATES AND WORKSHOPS (Partial List)**

-Group Home Administrator Certification	-Cross Cultural Awareness Training
-Child Abuse Assessment, Treatment and Reporting	-Basic Addictions Training

### **MEMBERSHIPS / COMMITTEES**

- California Association of Marriage and Family Therapist
- Castro Valley Unified School District Student Attendance Review Board member
- San Lorenzo Unified School District Student Attendance Review Board member
- Evaluation Committee member, JFK Community Counseling Center, Pleasant Hill, CA

### **EDUCATION:**

Master of Arts degree, Professional Psychology, JFK University, Orinda, CA  
Bachelor of Arts degree, Business Management, St. Mary’s College, Moraga, CA  
Associate of Arts degree, Business Administration, College of Alameda, Alameda CA